

## About Fontbonne Ministries

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Fontbonne Ministries is a non-profit, charitable organization of the Sisters of St. Joseph of Toronto. True to the charism of the Sisters, Fontbonne Ministries responds practically to social needs by nurturing community with our neighbour, especially the homeless, alienated, economically poor and women at risk. Fontbonne Ministries welcomes everyone without distinction and offers opportunities for participants, volunteers and staff to be nourished in body, mind and spirit.

To contact us, to receive brochures of our ministries, to be placed on our newsletter mailing list or to make a donation, we can be reached at:

Fontbonne Ministries  
3377 Bayview Ave  
Toronto, ON M2M 3S4  
Tel: (416) 250-3100  
Fax: (416) 222-9816  
infofontbonneminstries@csj-to.ca

Visit our website for more information:  
[www.fontbonneminstries.ca](http://www.fontbonneminstries.ca)

Charitable Registration No. 86408 4090 RR0001



**Fontbonne Ministries**  
SISTERS OF ST. JOSEPH, TORONTO



“Each person is unique and we share together our joys, sorrows, hopes, dreams and faith...”

– *A visitor*

“My illness is very isolating, therefore it is a real comfort to have a visit in a week when I may not see anyone (else) at all.”

– *A client*



**Fontbonne Ministries**  
SISTERS OF ST. JOSEPH, TORONTO

# In Good Company



**Fontbonne Ministries**  
SISTERS OF ST. JOSEPH, TORONTO

### **In Good Company**

791 Queen Street East, Toronto, ON M4M 1H6  
Tel. (416) 465-6069 Fax: (416) 465-6744  
E-mail: [infoingoodcompany@csj-to.ca](mailto:infoingoodcompany@csj-to.ca)



## Mission

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In Good Company, a ministry of Fontbonne Ministries, Sisters of St. Joseph, Toronto provides a coordinated visiting program in the Greater Toronto Area, for individuals seeking emotional, spiritual and social support.

## Goals

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- To provide a visiting service that will assist individuals in the community to maintain and extend their independence.
- To offer individuals the opportunity to interact socially and verbally with members of their community while also enhancing their quality of life.
- To enable a mutually supportive and stimulating social relationship for both the individual and volunteer.
- To provide a quality of presence that is compassionate, hospitable and nourishes body, mind and spirit.
- To make available opportunities for volunteers to be nurtured in body, mind and spirit.

## Our Services

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### In the home

One-on-one social visits engage individuals who have limited contact with their community.

### In the neighbourhood

We can assist our clients in extending their independence by helping them remain mobile and by keeping them connected with opportunities in the community.

### In body, mind and spirit

Ever mindful that regular visits are occasions of nourishment for body and mind, this ministry also aims to nurture the spirit in ways that are supportive.

## Providing Service

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### Our services include

- Regular home visits
- Short outings
- Safety reassurance calls
- Occasional shopping trips

### What is involved

- Assessment  
The Director will meet with the referred individual in her/his home to gather information that will help to ensure a successful match with a volunteer.
- Matching  
Every effort is made to create a meaningful match between the volunteer and the individual, which will benefit both parties.
- Volunteers  
Our volunteers are carefully screened and supported. Fontbonne Ministries is committed to providing volunteers with opportunities to nourish body, mind and spirit.

## To Contact Us

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For information, referrals and inquiries, contact:

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Toronto, ON M4M 1H6  
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Self and third party referrals are welcome.

## Opportunities for Involvement

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### Volunteer Support

Our volunteer program provides diverse opportunities within each ministry, such as assisting participants with crafts or pottery, providing companionship at a drop-in, visiting isolated individuals in their homes or helping with administrative functions. Please contact our Volunteer Coordinator at (416) 465-6069 for more information.

### Financial Support

Fontbonne Ministries is funded by the Sisters of St. Joseph of Toronto and by individual donors. Your ongoing contributions enable us to respond to many unmet needs in our city. Our Administrator can be reached at (416) 250-3100 for more information.