

About Fontbonne Ministries



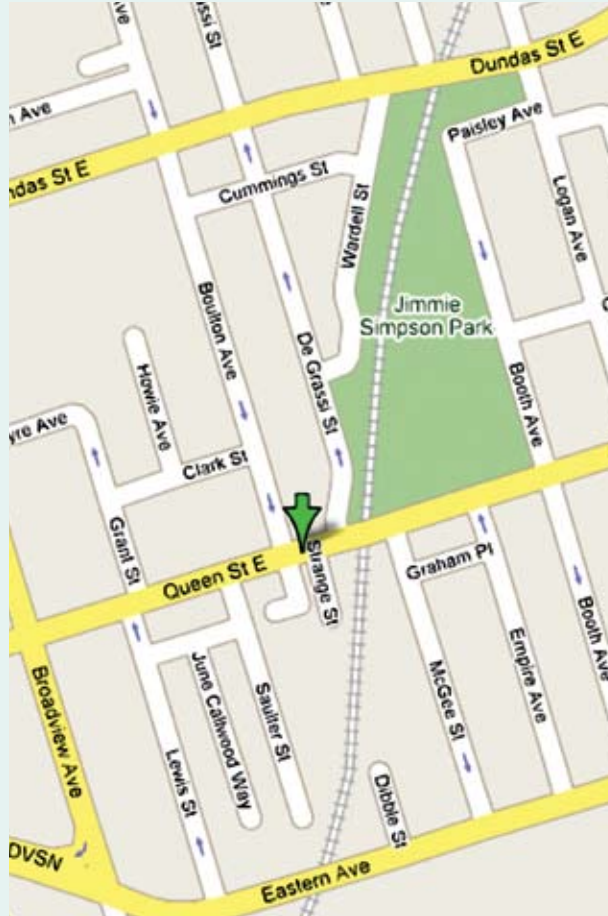
Fontbonne Ministries is a non-profit, charitable organization of the Sisters of St. Joseph of Toronto. True to the charism of the Sisters, Fontbonne Ministries responds practically to social needs by nurturing community with our neighbour, especially the homeless, alienated, economically poor and women at risk. Fontbonne Ministries welcomes everyone without distinction and offers opportunities for participants, volunteers and staff to be nourished in body, mind and spirit.

To contact us, to receive brochures of our ministries, to be placed on our newsletter mailing list or to make a donation, we can be reached at:

Fontbonne Ministries
3377 Bayview Ave
Toronto, ON M2M 3S4
Tel: (416) 250-3100
Fax: (416) 222-9816
infofontbonneminstries@csj-to.ca

Visit our website for more information:
www.fontbonneminstries.ca

Charitable Registration No. 86408 4090 RR0001



Fontbonne Ministries
SISTERS OF ST. JOSEPH, TORONTO

Mustard Seed



Fontbonne Ministries
SISTERS OF ST. JOSEPH, TORONTO

Mustard Seed

791 Queen Street East, Toronto, ON M4M 1H6
Tel. (416) 465-6069 Fax: (416) 465-6744
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Fontbonne Ministries
SISTERS OF ST. JOSEPH, TORONTO



Mission

Mustard Seed, a ministry of Fontbonne Ministries, Sisters of St. Joseph, Toronto, offers a welcoming environment and sacred space for participants and volunteers to develop life skills, creativity, care for the environment and spiritual growth. Located in South Riverdale, we serve and collaborate with the local community and non-profit agencies.

Goals

- To welcome everyone without distinction, giving priority to those who might not otherwise have access to such opportunities.
- To involve participants.
- To collaborate by working in partnership for program development and advocacy with community members and agencies.
- To provide opportunities to nurture body, mind and spirit.

A Place of Possibilities

At the heart of this tiny seed is a community on fire with an immense dream: to be a welcoming space in South Riverdale where alternatives can be imagined, where life skills can grow, where creative energies can be unleashed, where imagination, playfulness, beauty can be celebrated, where self-worth, dignity, healing, wholeness and spirituality can flourish and above all, where community is nourished.

Mustard Seed Programs

Most programs are free; some programs require registration or an appointment.

Community Kitchen

Delicious, nutritious, affordable meals prepared and shared in community

Crafts and Sewing

Opportunities for creativity; supplies provided

Whimsical Wednesdays for Women

Lunch, crafts, sewing, cards and more

Friday Drop-In for Women

Lunch, conversation and games

Saturday Adult Drop-In

Lunch, conversation and games

Basic Computer Training

Small class sizes

Sole Care

Basic foot care

Spiritual Spas, Special Events and Workshops

Please inquire for details

Spiritual Books

Lending Library

Oratory

Open for quiet prayer; meditation classes

Community Garden Plots

Please inquire for more information

To Contact Us

For program information and inquiries, contact:

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Opportunities for Involvement

Volunteer Support

Our volunteer program provides diverse opportunities within each ministry, such as assisting participants with crafts or pottery, providing companionship at a drop-in, visiting isolated individuals in their homes or helping with administrative functions. Please contact our Volunteer Coordinator at (416) 465-6069 for more information.

Financial Support

Fontbonne Ministries is funded by the Sisters of St. Joseph of Toronto and by individual donors. Your ongoing contributions enable us to respond to many unmet needs in our city. Our Administrator can be reached at (416) 250-3100 for more information